CASHFLOW WORKSHEET



Monthly Income: What Goes In

Gross Salaries	\$	
Income From:		
Self-Employment	\$	
Part-Time Employment	\$	
Alimony/Child Support	\$	
Dividends/Interest	\$	
Royalties	\$	
Real Estate	\$	
Tax Refund	\$	
Extraordinary Income:		
Grants/Prizes	\$	
Inheritance	\$	
Social Security Benefits:		
Disability Benefits	\$	
Retirement Benefits	\$	
Survivor Benefits	\$	

Other:	
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
	\$
Total Monthly Income	\$

Income - Notes		



Monthly Expenses: What Goes Out

Taxes	
Federal	\$
State	\$
Local	\$
Total:	\$

Household (Essential)	
Mortgage/Rent	\$
Property Taxes	\$
Maintenance	\$
Home/Renter's Insurance	\$
Electricity	\$
Oil/Gas	\$
Water/Garbage/Sewer	\$
Telephone/Cell Phone	\$
Cable/Internet	\$
Credit Card Payments	\$
Other Debt (student loans, etc.)	\$
Other	\$
Total:	\$

Automobile & Transportation (Essential)	
Car Payment	\$
Maintenance/Repairs	\$
Gasoline	\$
License/Registration	\$
Insurance	\$
Other	\$
Total:	\$

Living Expenses (Essential)	
Food	\$
Clothing	\$
Beauty/Barber	\$
Other	\$
Total:	\$

Expense - Notes

Medical/Health (Essential)	
Health Insurance	\$
Life Insurance	\$
Long-Term Care Insurance	\$
Disability Insurance	\$
Dental Expenses	\$
Other	\$
Total:	\$

Family Care (Essential)	
Parent/Child Care	\$
Education	\$
Clothing	\$
Other	\$
Total:	\$

TOTAL ESSENTIAL:

Discretionary	
Entertainment	\$
Dining Out	\$
Hobbies	\$
Publications	\$
Education	\$
Traveling/Vacations	\$
Charitable Donations	\$
Gifts	\$
Professional/Social Dues	\$
Gym Membership	\$
Other	\$
TOTAL DISCRETIONARY:	\$